

Amsterdam Mohawks Baseball Camps



Week 1: Brian Spagnola's All-Pro Camp M6/28 - F7/3

In its 13th year...Staffed by current Amsterdam Mohawks players

9:30AM-3:00PM \$125 Ages 5-16

*please bring a lunch which will be eaten from 12:00-12:30

Week 2: Pitching Camp Tues 7/6 - Fri 7/9

9:30AM-12:30PM \$75 Ages 8-16 Staffed by Mohawks coaches and players

This is a camp for the pitcher. We will cover the mechanical and mental aspects of pitching. Other topics include: Conditioning, Arm Care, Fielding Drills, Throwing Drills, and Gamesmanship.

Week 3: All-Skills Camp Mon 7/12 - Fri 7/16

9:30AM-3:00 PM \$125 Ages 5-16 Staffed by Mohawks coaches and players

9:30AM-3:00PM \$125 Ages 5-16

*please bring a lunch which will be eaten from 12:00-12:30

Week 4: Hitting Camp Mom 7/19 - Thurs 7/22

9:30AM-12:30PM \$75 Ages 8-16 Staffed by Mohawks coaches and players

This is a camp for the hitter. We will cover the mechanical and mental aspects of hitting.

Take \$5 off per camper PER WEEK for EACH extra week attended

Name: _____ Parent: _____ Age _____

Street: _____ City: _____

State: _____ Zip: _____ E-Mail: _____

Phone: _____ Emergency Phone # _____

Week 1 _____ Week 2 _____ Week 3 _____ Week 4 _____

\$5 will go towards your local school's PTA School attending _____

I agree to allow _____ to attend the Amsterdam Mohawks baseball camps and permit the staff to treat my child in the case of an accident and waive liability against the Amsterdam Mohawks.

Parent signature: _____

Date: _____

Make checks to:
Amsterdam Mohawks
PO Box 334
Amsterdam, NY
12010

OR call 791-7546

*send in minimum of
\$50 deposit per camp